

# Pendle's 3 Peak Challenge

30 miles



## Manny Bashah is from Cycle Sport Pendle's BMX Club

This challenge is approx. 30 miles in total and takes in Pendle's 3 peaks: Pendle Hill, Weets Hill and Boulsworth Hill. It is mostly on quiet roads and bridleways with a couple of dangerous road crossing to be aware of. These are on Stocks Lane across the A682, at Sough across the A56 and at Laneshaw Bridge across the A6068. Take care at these crossings. You are best using a mountain bike for this route.

# Manny's favourite cycle route

## Pendle's 3 Peak Challenge



1. Set off from Barley car park. Head right out of the car park and then right again onto Barley Lane past Pendle Inn bearing left up Barley Lane
2. Continue up past Pendle Hill on Barley Lane past the Four Lane Ends crossroads to Twiston
3. At the 90 degree bend at Twiston turn right towards Ings End
4. Before the next left hand bend take the road heading straight ahead with the Lancashire Cycleway 91 sign
5. Follow this road until it becomes a track after Middop Hall leading up to the A682
6. Cross the A682 carefully to stay on Stocks Lane
7. Continue on Stocks Lane until you reach the Pennine Bridleway (PBW) turn right onto the PBW and follow the PBW signs past the top of Weets Hill and then down into Salterforth, before going over the canal and onto Sough.
8. Continue to follow the PBW climbing out of Sough past Kelbrook Woods and up onto the Old Skipton Rd.
9. Follow PBW signs going up and crossing the Old Skipton Road and carrying on down to meet the road from Keighley to Laneshawbridge at Monkroyd.
10. Cross over this road and through some more fields to join the Haworth Rd and turn off to the right into Wycoller
11. Follow the PBW (also signposted Bronte Way) and then turn right onto the Pendle Way past Boulsworth Hill on the PBW.
12. Turn right off the PBW onto the Pendle Way past the Upper and Lower Coldwell Reservoirs to Coldwell Activity Centre.

13. From Coldwell Activity Centre follow the Back Lane to the crossroads with Shelfield Lane at Clarion House. Go straight across the crossroads and continue on Back Lane then turn left onto Southfield Lane and then after 1km turn right onto Barkerhouse Road past the golf course.
14. Turn right into Town House Road following it around to the left to become Walton Lane
15. Turn right onto Oxford Rd past Pendle Vale Campus and pick up the cycle way signs down Alexander St cross the road carefully to Edward St and onto Regent St
16. Cross Regent St and pick up the path around the Multi-use Games Area to the canal towpath
17. Come off the towpath at Swinden Bridge and follow the signs past the Steven Burke Sports Hub, under the motorway bridge following the path into Barrowford Park past the cricket club.
18. From the footbridge in Barrowford Park cross Gisburn Road and up Pasture Lane to Roughlee.
19. At Roughlee turn left onto Blako Bar Road to the crossroads (continue straight ahead to Clarion House on Jinny Lane for a brew if you are cycling at the weekend) and then turn right onto Barley New Road past White Hough to Barley Car Park and FINISH

Clock into the cafe, get a well-deserved brew and cake and revel in the glory of having completed the Pendle 3 Peaks Cycle Challenge.

There are other ways to get back to Barley from Coldwell Activity Centre but the one above takes you off busy roads.

An alternative way is turn left towards Nelson past the golf course and onto Barkerhouse Rd. Continue down Netherfield Rd, turn right at the roundabout, past the old bus station, through the traffic lights at Leeds Rd, Scotland Rd then left onto Pendle St, past the Mosque, over the roundabout and then left down Milton street and right onto Carr Rd. Go past Victoria Park and up onto the bypass, turn left, then first right, up Carr Hall Rd then turn right again and immediate left up Sandy Hall Lane to Noggarth Top and then downhill all the way into Barley

